

## **High Risk Definition for Influenza**

Updated September 16, 2009

MDH (Minnesota Department of Health) definition of persons with risks of influenza complications is as follows:

- Women who are pregnant;
- Adults and children who have chronic pulmonary (including significant asthma), cardiovascular (except hypertension), renal, hepatic, hematologic or metabolic disorders (including diabetes);
- Adults and children who have immunosuppression (including immunosuppression caused by medications or HIV);
- Adults and children who have any condition that can compromise respiratory function or the handling of respiratory secretions or that increase the risk of aspiration (e.g. cognitive dysfunction, spinal cord injuries, seizure disorders, or other neuromuscular disorders).